

July Lunch & Learn

PROFESSIONAL CAREGIVER GRIEF/GRIEF IN THE WORKPLACE

**TUESDAY, JULY 11, 2023
NOON - 1 P.M.**



JOIN US FOR A FREE VIRTUAL LUNCH & LEARN AS HOSPICE OF THE RED RIVER VALLEY BEREAVEMENT SPECIALIST, CONNIE DEKREY, PRESENTS "PROFESSIONAL CAREGIVER GRIEF/GRIEF IN THE WORKPLACE."

IN THIS SESSION, PARTICIPANTS WILL:

- IDENTIFY AT LEAST THREE TYPES OF LOSSES WHICH CAN ELICIT A GRIEF RESPONSE
- DEFINE WHAT IS MEANT BY "DISENFRANCHISED GRIEF," AND GIVE AN EXAMPLE
- IDENTIFY AT LEAST THREE COMMON GRIEF REACTIONS WHICH MIGHT BE OBSERVED BY A COLLEAGUE WHO HAS EXPERIENCED A LOSS
- DESCRIBE AT LEAST TWO STRATEGIES FOR COPING WITH ONE'S OWN GRIEF/ASSIST A GRIEVING COWORKER TO COPE, WHILE CONTINUING TO FUNCTION IN ONE'S PROFESSIONAL CAPACITY
- DISCUSS THREE FACTORS WHICH INFLUENCE HOW AN INDIVIDUAL MAY PROCESS GRIEF

REGISTRATION MUST BE COMPLETED BY JULY 10 BY SCANNING THE QR CODE TO THE RIGHT. A LINK FOR THE ONLINE MEETING WILL BE SENT TO REGISTERED ATTENDEES THE DAY OF THE PRESENTATION.



LUNCH & LEARN

