

March Lunch & Learn

MORAL DISTRESS

**TUESDAY, MARCH 14, 2023
NOON - 1 P.M.**



JOIN US FOR A FREE VIRTUAL LUNCH & LEARN AS SOCIAL WORKER, KRISTEN FISCHER FROM SANFORD HEALTH PRESENTS "MORAL DISTRESS: RECOGNIZING, ADDRESSING AND REFRAMING TOWARD RESILIENCE." 1 ETHIC CEU WILL BE OFFERED.

IN THIS SESSION, PARTICIPANTS WILL:

- **DEFINE AND DESCRIBE MORAL DISTRESS, AND DISTINGUISH FROM PSYCHOLOGICAL DISTRESS**
- **DISCUSS THE TYPES OF ETHICALLY-COMPLEX SITUATIONS THAT MAY LEAD TO MORAL DISTRESS**
- **IDENTIFY STRATEGIES TO ADDRESS AND REDUCE MORAL DISTRESS, AND REFRAME SITUATIONS TO WORK TOWARD RESILIENCE**

REGISTRATION MUST BE COMPLETED BY MARCH 13 BY SCANNING THE QR CODE TO THE RIGHT. A LINK FOR THE ONLINE MEETING WILL BE SENT TO REGISTERED ATTENDEES 24 HOURS BEFORE THE PRESENTATION.



LUNCH & LEARN

