

Advance Health Care Directive

An advance health care directive, also called an advance directive, explains how you want medical decisions to be made when you're too ill or unable to speak for yourself. These legal documents tell your family, friends and health care professionals:

- What kind of health care you want and don't want
- · Who you want to make decisions for you

An advance directive helps you control your health care by putting your wishes in writing. This will help your family and physicians honor your wishes throughout your care because they will know what you want.

If you would like to create an advance directive, we can help. Contact Hospice of the Red River Valley and we will provide forms and help you put your wishes in writing.

"Our mind is a powerful thing. When you fill it with positive thoughts, your life will start to change."

- Gautama Buddha

Hidden Picture - BEAR

