



Join us for a

## LUNCH & LEARN



with Hospice of the Red River Valley

Join us as we explore topics  
related to end-of-life care.

**Lunch and Learns will take  
place on the second Tuesday  
of February, March, April, May,  
August, September, October and  
November from noon-1 p.m.**

These events are free and open to all  
health care professionals. Space is limited.  
Participants may bring their own lunches;  
coffee and water will be provided.

**RSVP online at  
[bit.ly/hrrvlunchlearn](http://bit.ly/hrrvlunchlearn)  
by Feb. 4.**

If you have questions, please email  
[lunchlearn@hrrv.org](mailto:lunchlearn@hrrv.org).

*Join us for*

## Moral Distress

*presented by*

**Kristen M. Fischer, LMSW, NSW-C**  
Sanford Health Transplant Center

This collaborative session will help attendees:

- Define and describe moral distress
- Discuss the types of medically and ethically complex situations that may lead to moral distress.
- Identify strategies to address and reduce moral distress.

**Tuesday, Feb. 11, 2020**  
**Noon-1 p.m.**

For your convenience, Lunch and Learns  
will be held in five Hospice of the  
Red River Valley office locations:

**Fargo** – 1701 38th St. SW

**Detroit Lakes\*** – 1111 Highway 10

**Grand Forks\*** – 2860 10th Ave. N., Suite 400

**Lisbon\*** – 415 Main St.

**Valley City\*** – 1240 W. Main St.

*\*The Detroit Lakes, Grand Forks, Lisbon and Valley City  
offices will connect via videoconference to the Fargo  
office, where the live presentation will take place.*

## Additional Information

Hospice of the Red River Valley is an  
approved provider of continuing education  
for social workers in North Dakota.  
This program will be awarded 1 contact hour.