

## Join us for a **LUNCH & LEARN**

with Hospice of the Red River Valley

Join us as we explore topics related to end-of-life care.

Lunch and Learns are held every other month on the second Tuesday of the month from noon to 1 p.m.

These events are free and open to all health care professionals. Space is limited. Participants may bring their own lunches; coffee and water will be provided.

> RSVP online at bit.ly/hrrvlunchlearn by November 6.

lf you have questions, please email lunchlearn@hrrv.org.

## **Topic and Presenter** Kids and Grief: How to Help

Jennifer Messelt, MSW, LCSW, LGSW Grief Specialist and Kriston Wenzel, LSW, CT Bereavement Supervisor Hospice of the Red River Valley

This collaborative session will help attendees be able to identify signs of normal grief, hands-on tools to assist with the grief process and ways to communicate more effectively with children/teens.

## Date, Time and Location

Tuesday, Nov. 13, 2018 Noon-1 p.m.

For your convenience, Lunch and Learns will be held in five Hospice of the Red River Valley office locations:

Fargo – 1701 38th St. SW Detroit Lakes\* – 1111 Highway 10 Grand Forks\* – 2860 10th Ave. N., Suite 400 Lisbon\* – 415 Main St. Valley City\* – 1240 W. Main St.

\*The Detroit Lakes, Grand Forks, Lisbon and Valley City offices will connect via videoconference to the Fargo office, where the live presentation will take place.

## **Additional Information**

Hospice of the Red River Valley is an approved provider of continuing education for social workers in North Dakota. This program will be awarded 1 contact hour.