



Join us for a

LUNCH & LEARN



with Hospice of the Red River Valley

Join us as we explore topics
related to end-of-life care.

Lunch and Learns are held every other month
on the second Tuesday of the month
from noon to 1 p.m.

These events are free and open to all
health care professionals. Space is limited.
Participants may bring their own lunches;
coffee and water will be provided.

RSVP online at
bit.ly/hrrvlunchlearn
by September 4.

If you have questions, please email
lunchlearn@hrrv.org.

Topic and Presenter

Grit: Developing the Power of Passion and Perseverance

Brenda Kaspari, Ph.D.
Master of Arts in Leadership Program
University of Jamestown

This collaborative session will explore the concept
of grit and how it distinguishes high achievers. The
four major components of grit will be discussed as
well as how to develop grit in yourself and in those
with whom you live and work.

Date, Time and Location

Tuesday, Sept. 11, 2018
Noon-1 p.m.

For your convenience, Lunch and Learns
will be held in five Hospice of the
Red River Valley office locations:

Fargo – 1701 38th St. SW
Detroit Lakes* – 1111 Highway 10
Grand Forks* – 2860 10th Ave. N., Suite 400
Lisbon* – 415 Main St.
Valley City* – 1240 W. Main St.

**The Detroit Lakes, Grand Forks, Lisbon and Valley City
offices will connect via videoconference to the Fargo
office, where the live presentation will take place.*

Additional Information

Hospice of the Red River Valley is an
approved provider of continuing education
for social workers in North Dakota.
This program will be awarded 1 contact hour.